



JULY 2022 PROGRAMS

All Programs are free and open to the public. Children must be accompanied by an adult. Reasonable accommodations available upon request. All programs **meet at the Mount Greylock Visitor Center** unless otherwise noted. Please follow all current COVID guidelines. Visit [Mass.gov/COVID](https://www.mass.gov/COVID) for guidance. For additional information and weather updates, call the Visitor Center at **(413) 499-4262**.

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| OPEN DAILY | VISITOR CENTER, 9:00 a.m.— 4:30 p.m. 30 Rockwell Road, Lanesborough. Interpretive exhibits explore the park story through artifacts and displays. Trail maps, hike guidance, 13-minute orientation film, bathrooms, drinking water available. Wheelchair accessible. |
| DAILY, ONGOING July 1 through July 31 | STORYWALK® STROLL, Dawn to Dusk Suitable for young children. Enjoy a story, fresh air and exercise! This self-guided walk through the Visitor Center meadow features the children’s book “ Summer’s Flight, Pollen’s Delight ” by Flora C. Caputo. Visit colorful pages of the book posted along the grassy meadow path. A wonderful story is waiting for you on this easy StoryWalk® stroll. <small>The StoryWalk® Project was created by Anne Ferguson of Montpelier, VT, and developed in collaboration with the Kellogg-Hubbard Library. Story Walk® is a registered service mark owned by Ms. Ferguson. This StoryWalk® is provided by Massachusetts Department of Conservation and Recreation Interpretive Services.</small> |
| MONDAY, July 4 July 18 | TRAILS AND TALES HIKE, 1:00 p.m.—3:00 p.m. For all ages. Park Interpreter-guided hike explores the human side of Mount Greylock. Feature local history, literary inspirations, poetry readings, maybe even a ghost story! Be prepared for the weather. Wear sturdy shoes, bring water, a snack, bug spray and sunscreen. |
| MONDAY, July 11 July 25 | FINDING YOUR WAY, 1:00 p.m.—3:00 p.m. For all ages. Navigate outdoors with the skills of map and compass. Learn traditional methods of path finding in the forest or your own back yard. Identify signs of wildlife, or trees. Activities may include making a map or a scavenger hunt. Be prepared for the weather. Wear sturdy boots, bring water, a snack, bug spray and sunscreen. |
| WEDNESDAYS, ONGOING | NICE AND EASY TRAIL HIKE, 10:00 a.m.—12:30 p.m. Easy-paced, one to 3-mile guided hikes, geared toward seniors but open to all ages. A wonderful opportunity to join other hiking enthusiasts! Dress for variable weather and wear sturdy boots. Hiking poles recommended. Bring drinking water, bug repellent and a snack. Program duration 90 minutes—2 hours. Inclement weather cancels. Meeting locations vary each week. Please call the Visitor Center in advance at (413) 499-4262 to verify meeting locations, program status and weather information. |

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coming events



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| THURSDAY, July 14 July 21 July 28 | JUNIOR RANGER PROGRAM, 10:00 a.m.—12:00 p.m. For ages 8—12. Junior Rangers is a fun way for children to get acquainted with the state parks and learn outdoor recreation skills. Discover the natural and cultural resources of the region. Seven weekly program sessions led by DCR Park Interpreters at different state parks. Parents and/or guardians are required to participate. Dress appropriately for outdoor activity and variable weather; wear sturdy footwear; and bring a snack, water, sunscreen and bug spray. Please note, park locations change each week. For more details, visit https://www.facebook.com/events/5131106393641143/5131106403641142/ |
| FRIDAY, July 8 July 22 | GREYLOCK EXPLORER’S CLUB, 1:00 p.m.—3:00 p.m. Ideal for ages 8—12, but open to all ages. Be an outdoor explorer and discover Mount Greylock. Acquire skills to identify signs of wildlife and trees by their leaves or bark. Identify topographic features like water sources, trails and geology. Topics change each week and offer various hands-on activities. Be prepared for the weather. Wear sturdy shoes, bring water, a snack and bug spray. |
| FRIDAY, July 1 July 15 July 29 | DISCOVER GREYLOCK HIKES, 1:00 p.m.—3:00 p.m. All ages. Hike with a Park Interpreter to explore exciting, hidden features of Mount Greylock. Hike may include exploring waterfalls, flora and fauna, and historic sites. Program may also incorporate trail skills, outdoor stewardship, and bear awareness. Be prepared for the weather. Wear sturdy shoes, bring water, a snack, bug spray and sunscreen. |
| SATURDAYS & SUNDAYS, ONGOING <i>Except</i> July 16 & July 23 | SCENIC SUMMIT TOURS, 1:00 p.m. and 2:00 p.m. All ages. Park Interpreter-guided short and easy walk along paths explore the cultural landscape and unique ecology of the highest point in Massachusetts. Wheelchair accessible. Two program each day at 1:00 p.m. and 2:00 p.m. Program duration 20—30 minutes. Meet at the circular relief map at the Summit. Parking fee may apply. |

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SUNDAYS,
ONGOING

NATURE SCAVENGER HUNT, 10:00 a.m. - 3:00 p.m.

Suitable for children and families. **Program is self-guided.** Adventurous quests invite you to search for natural treasures along park trails. Several “seek and find” scavenger hunts are available for different age and skill levels at the Visitor Center and at the Summit during program times. Ask a Park Interpreter for more information.

SPECIAL EVENTS

FRIDAY,
July 1

FIREFLY FROLIC, 8:30 p.m.—10:00 p.m.

All ages. Did you know that watching fireflies can be fun for you AND safe for bugs? Come learn about fireflies and how to best view these mystical glowing lights of summer! Play a game and learn safe “catch and release” methods you can use at home. Then take a short walk outside to see fireflies. Dress for evening conditions. Bring a flashlight or BLUE LIGHT headlamp. Bring a small butterfly net if you have one, but please NO GLASS OR ANY COLLECTION DEVICES may be used outdoors. **Space is limited. Please pre-register** at https://july1_firefly_frolic.eventbrite.com

WEDNESDAY,
July 6

MOUNTAIN MINDFULNESS, 1:00 p.m.

For ages teen and up. De-stress and re-connect with nature! Explore healthy mind-body techniques: yoga, walking meditation, Tai Chi, or Forest Bathing. Sessions are guided by certified teachers and vary in duration, 20 minutes to 2 and 1/2 hours. Beginners welcome! **Call the Visitor Center at (413) 499-4262 for meeting locations** and program details or visit us on Facebook at <https://www.facebook.com/groups/1643203319328901>

SATURDAY,
July 9

MT. GREYLOCK PHOTO GROUP MEET-UP, 10:00 a.m.

For all ages and skill levels. Everyone who loves nature and the opportunity to photograph the beauty of majestic mountain landscapes! Meeting locations vary. Bring along your camera, tablet or cellphone. Program duration 90 minutes - 2 hours. **Call the Visitor Center at (413) 499-4262 for meeting locations**, directions, and weather updates. For more details, visit us on Facebook at <https://www.facebook.com/groups/427752957932877>.

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SATURDAY,
July 16

FAMILY BIKE PROGRAM, ASHUWILLTICOOK RAIL TRAIL, 11:00 a.m.— 1:00 p.m.

Explore the Ashuwillticook Rail Trail with a Park Interpreter. Learn about bike safety, adaptive equipment, and the future of rail trails from a local expert. **Meet at Farnam's Causeway off Route 8 in Cheshire.** Bring your bike, and drinking water. Wear your helmet and weather appropriate clothing. For more details call the Visitor Center at (413) 499-4262. Co-sponsored by the Berkshire Bike Path Council.

SATURDAY,
July 23

MOUNTAIN MINDFULNESS, 1:00 p.m.

For ages teen and up. De-stress and re-connect with nature! Explore healthy mind-body techniques: yoga, walking meditation, Tai Chi, or Forest Bathing. Sessions are guided by certified teachers and vary in duration, 20 minutes to 2.5 hours. Beginners welcome! **Call the Visitor Center at (413) 499-4262 for meeting locations** and program details, or visit us on Facebook at <https://www.facebook.com/groups/1643203319328901>

SATURDAY,
July 23

WALKING WITH THOREAU, 11:00 a.m.—2:00 p.m.

Ages 12 and older. Celebrate the historic 1844 ascent of Mount Greylock by the American naturalist and writer Henry David Thoreau, a prelude to his Walden Pond experience. Take an enlightening 1.2-mile walk along a segment of the Appalachian Trail to a scenic vista. Features selected readings from Thoreau's actual account. Children under 18 must be accompanied by an adult. Be prepared for the weather, wear sturdy shoes, bring water, lunch, bug spray and sunscreen. **Meet at the Summit.** Parking fees may apply. **Please pre-register** at <https://www.facebook.com/events/1712082362457863>

